

ABSTRACT OF THE DISCLOSURE

A recording data string is composed of a plurality of synchronous frames each of which has synchronous data and coding data. Data items in the coding data contributed to creation of the same column of the error correction code are arranged at regular intervals of E in the recording data string. A data segment length L is obtained by adding an additional synchronous frame to the recording data string. Wherein, a physical segment length A satisfies the equation $L = mA$, m is a natural number. And A is set indivisible by E.